Day 40 Feb 8/9

Open up to the Introduction of <u>Omnivore</u> (which you read last night for homework). Answer questions p7 to p13 in your notebook. Label the p. # and today's date.

(Did you listen to the audiobook last night?)

Goals:

- know how to fill in the Key Terms sheet
- understand the Introduction
- know how to summarize a chapter

Review the Preface:

Why did Pollan write this book?
INFORMATION -- MAKE CHOICES -- based on your VALUES.

What is this book NOT supposed to be?

- Not advocating particular foods
- Not a DIET book
- Not PRO-VEGETARIAN, ANTI-MEAT

Preface

p4. Farms and food industries produce more greenhouse gasses than all forms of transportation combined.

p 5. The organic food industry has more than doubled and the number of farmer's markets has doubled in the last ten years.

term	p.	meaning	context clues?
omnivore	10		
dilemma	10		
food chain	11		
agrihusiness	28		

In your notebook, label

Omnivore Questions

(today's date)

p7.

(five questions)

p 7,8. Cite specific details from the text to describe the potato farm.

Fifteen thousand acres, 135-acre crop circles, irrigation pipe like a clock hand, Monitor pesticide is highly toxic.

p 9. What is a feedlot?

Place where cattle are fattened on corn before moving to the slaughterhouse. How does Pollan describe it?

Tens of thousands of cattle on a carpet of manure with two vast pyramids – one of corn, the other of manure.

p10. What is the dilemma that we omnivores face? Animals have a built-in instinct that tells them what foods are good to eat. We humans do not; therefore, knowing what to eat is a problem for us because the things we want to eat may not be good for us.

p12. List the four food chains. Industrial, Industrial-Organic, Local Sustainable, and Hunter-Gatherer.

p.13. Why is this section called "The Pleasures of Eating"? In other words, what is the point of this book? The point of this book is to help the reader discover the pleasures of food to learn to enjoy meals in a new way.

Tips to summarize a chapter:

- Look at the title of the chapter and keep that in mind when summarizing
- Pay attention to the headings in each section
- Ask yourself: "What's the point of this chapter?"
- the questions for each chapter will also help you decide what is important

Omnivore Practice Summaries:

Preface:

Readers have reacted in different and contradictory ways to this book. Our food choices affect our health and the health of the planet. The point of the book is not to make us eat particular foods, but to get us readers to think about what we put in our mouths and where our food comes from.

Introduction.

Trips to a modern potato farm and to a feedlot radically changed the author's perspective about burgers and fries. Because we humans eat everything (omnivores), we face a difficult choice (dilemma) about what we should eat. Learning about the four food chains can help us rediscover the pleasures of eating.